



Compassionate Care in your own home – providing support with dignity and respect.



## ABOUT US

At **Caring First**, we provide compassionate, professional, and **personalized care** to help individuals maintain independence in the comfort of their own homes.

Our dedicated team offers tailored support, ensuring safety, dignity, and peace of mind for families. We're here to make daily life easier, one caring visit at a time.

### WHY US?

- Personal Care Assistance Support with bathing, dressing, grooming, and hygiene.
- Companionship & Emotional Support Friendly conversation and social engagement.
- Meal Preparation & Nutrition Support Healthy meals tailored to dietary needs.
- **Medication Reminders** Ensuring medications are taken on time.
- **Light Housekeeping** Help with laundry, tidying, and maintaining a clean home.
- Errands & Transportation Assistance with shopping, appointments, and daily tasks.

### **OUR SERVICES**



24/7 Support available

Care and assistance whenever you need it.



Tailored
Care Plans

Personalized support based on individual needs



Respite Care for Families

Giving family caregivers a well-deserved break



Dementia & Alzheimer's Care

Specialized support for cognitive health.



Affordable & Transparent Pricing

No hidden fees, just



# COMPASSIONATE SENIOR IN-HOME CARE, TAILORED FOR YOU







WE TAKE CARE OF YOUR FAMILY

Personal Care

### **OUR SERVICES**

- Personal Care
- Homemaker Services

- **Ø** Running Errands
- **Transportation**
- Activities of Daily Living
- Respire Services

# WHY US

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Respite Care for Families	Giving family caregivers a well- deserved break
Tailored Care Plans	Personalized support based on individual needs.
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